Spiritual Philosophy — The Quintessence Of Existence

My aim with this book is to point the reader to the Real Spirituality that needs to be addressed. Our souls move at a low level, but those who use this power can change it. Those who are few but boast of the Truth. We don't wait for our souls to be redeemed, we redeem our souls ourselves.

Because of the Spiritual oppression of the enemy, many are in a dormant state according to their souls. Our purpose and mission is to bring back the Real Spirituality and to make people aware of the insidious operations of the enemy. To do this, we must use the Knowledge given to us, and we must use it.

Our planet is a beautiful place, let us stop destroying it! So drink the True Knowledge, my Brothers and Sisters, who stand proudly forever and ever, and reign forever in the Realm of Truth.

Foreword

Life is spirituality. We evolve and develop to free our souls from curses. We hold in our hands the Sword, Knowledge, which is our most powerful weapon, and with which we make the Unconscious conscious. Let us stick together, my Brothers and Sisters, and reach the Paradise that awaits This book is designed to cheer, inspire and motivate the reader. Many people feel that they are not making progress and that what they are doing is a waste of time. They keep pushing themselves, yet they don't feel the results.

I have encountered this mentality and I want to dispel it. The power is within us, we just often don't realise it. Even with the smallest programme you can improve. Each day adds to your progress, like drops of water in a glass as they accumulate and once full.

This is the paradigm in which your progress operates. Will and perseverance are essential for progress. You will find entries similar to those just mentioned in this little book.

This book will also contain entries that I did not write for this dossier, but because of their content and message, I am publishing them here.

These entries are found on the last pages of the book, under 3 different titles, each represented by a separate title. I thought my peers should be familiar with these entries. But before you do, you will seewhich ones they will be about. Many of you have already read them, but some of you have not.

So have a good read, learn from them, and may the accumulated Knowledge make you happy!

The Importance Of Meditation
More About Levitation
Spiritualism
Wake Up From The Lies! - Important Information
Don't Worry, It's Unnecessary!
Spiritual Darkness
Power + Knowledge = Strength
Liberation After Death
Past Life
Unveiling "The Conjuring" - The brainwashing "Film"
Poem For Spiriualists
What Is Life Worth? - Accepting The Fucking Darkness
Knowledge
Move Forward
Accept Yourself
Accept Yourself Knowledge = Power
The Future Generation (Addendum)
Manipulation
Hang In There!
Perfekțion
View On Life
Story About Manipulation (Important)
3 Important Points
Scepticism
<u>Subconscious</u>
Spiritual Philosophy — The Garden Of Knowledge
Sceptics — Why Are You Depriving Yourselves Of Power?

The Importance Of Meditation

You have to develop yourself spiritually. We must live with Knowledge and we must live with our strength. Without Power, existence is wasted and we become merely corrupt, ignorant and morally inferior. Once and for all it must be understood that the desire for Spiritual power must be great to show progress in man, so that he may then assume the crown of pride and glory. Those who meditate will gain insight into the Higher Realms where man was once present, but then in the age of decadence this ceased and the opposite of progress occurred - decadence.

Where this is present, man abandons his instincts and morals, enters upon the path of decay, and does not stop until all is over, and that is cessation. There is plenty of time, but to say that one has "made it" successfully, one must take time and try. You will not become God overnight just by starting to meditate. In the beginning you may indeed notice things that suggest and make you feel that you can do anything and master any technique.

But it is your ego that is responsible for this. You rightly feel this power when you work with energy, raise your bio-electricity, start to awaken your sleeping soul, and this effect bursts upon you in a euphoric way.

But it lasts until you get used to it. Then it becomes commonplace. Few people bother to learn and practice Real Spirituality, and it shows. There are many who are engaged in the power of the mind, but they are only applying and learning fictions from which nothing is derived on the physical plane.

Then they blame Spirituality for being a load of altruistic bullshit - they don't think, they just do. The power is there in front of them, they just don't use it, out of sheer laziness, or egoism, or sheer moral deficiency.

The problem with those on the so-called right path is simply that they have nothing to do with Spiritualism. It is falsely allegorical and contains things that are not at all ethical and are blasphemous and useless.

That is why these people never experience the real Spiritual forces. That was the purpose - to replace and "market" real Knowledge and Spirituality with a distorted, corrupted version. There are so many of these people who believe they have power over others, have supernatural powers, and simply do not realize that they are part of a manipulation and a definite brainwashing.

Individuals with such a mentality need not be dealt with, let them believe they have power and you deal with Real Spirituality.

There is one question you must be concerned with. Why True Spirituality? I'll explain it simply in a nutshell - You know it's real and good because you feel the Power of Spirituality's Mighty Constructive Power that is lasting and intense, you feel your inner peace of mind, you make sense of what you do, you can heal yourself, you can reach dimensions you didn't know existed, and by the way - you have power.

We could go on and on about this, but then that's all this book would be about. If you still have doubts, ask yourself

a simple question: 'Do I want this? What's in it for me?"

"It takes heart to believe and heart to soul" - as I like to say. Not incidentally, when this Knowledge was removed and tampered with, the power was lost. Therefore, when one first begins to meditate in this life, it will be a very intense experience.

The reason for this is that our soul has been dormant, and because we have known this kind of Spirituality before, we open our soul again, and that is why it fills us so positively, because it is familiar and because the soul needs it.

The soul needs the light, and it is this light that shows us the way in the darkness and leads us to the path of Real Truth. This need not be explained enough, as this chapter is self-explanatory.

More About Levitation

Floating is one of the skills that requires the greatest concentration and the greatest determination. This practice requires a mastery of your mind that perhaps no human being can achieve - but those of us who walk the True, True Path have the tools to master it. Needless to say, this practice requires an extremely strong aura, a very strong spirit and an outstanding, highly focused mind.

Learning Levitation itself is almost one of the most (if not the most) difficult and time consuming. It is one of those skills that if you can do it, there is no obstacle Beautiful poemsin front of you, no practice you cannot do. But first of all, what is levitation? Floating is actually, simply put, the (physical) levitation of your body.

It takes an inexplicable amount of time to learn. However, as I said, the Knowledge is in our possession and we can use it.

I will write down some tips to get you started. I repeat, this is a VERY difficult exercise, by no means overdo it, it is dangerous. If you feel that you are one of the few who can do it, or at least somewhat succeed, then I suggest that you don't exert yourself. Rest afterwards, as you have given your mind a good workout with this exercise.

Above all, you must become a master of Empty Meditation. This is the first step, mastering your mind. Concentrate constantly on nothingness, on silence. Begin to enter a trance state (Trance is necessary because there is a layer where your body will feel relaxed, hypersensitive.

Find this level), the lightest level, where your physical body feels very light. This will be necessary because you will be lifting your body with the power of your mind, and the mind works by matching things/actions to what you perceive with it.

If you feel your body light, it will be easier for your mind to lift your body. If you are already in a trance state, raise your energies, you will need it. Then you can start - visualize yourself floating above your bed/chair (Above where you are sitting/lying), while wanting to really float.

A strong mind requires a strong will, which is why I mentioned Mind above. There is almost a 97% chance that you will fail the first time. In fact, it may take you several years to start improving at it, but as I said, it's one of the most difficult techniques. As with any other spiritual skill, your Mind and Aura will determine your success. If you are extremely strong in both, you will not have much difficulty. Once mastered, you will be able to levitate objects using this method, (Not to be confused with Telekinesis (Moving/lifting objects with the power of the mind)).

<u>To summarize:</u>

- 1. Void Meditation
- 2. Trance
- 3. Raising the energy
- 4. Visualization

Once you have mastered this incredible skill, there will be no technique you cannot do.

Spiritualism

The human soul moves at low frequencies. We certainly know why. But we have regained the True Power, and we must live again. Man must evolve significantly. Since in the past our soul has moved to lower aspects, we must start evolving again. This can be achieved through meditation, spiritual work and energetic practices. Once one starts, one may not be able to stop because of its addictive effects.

However, it is a good sign and you will make progress. Once you pull back to your original self, to where you used to be, you will become enlightened. You'll be able to do Spiritual techniques again, you'll be able to do things with your Mind that manifest on the physical plane, and not incidentally - you'll be liberated.

Our souls are being cursed from many places today, so you may have problems with doubting yourself, doubting your abilities and your power, but they have only one purpose to lead you off this path. Understand once and for all that

Spirituality is Power, and to attain Power you must evolve through Meditation, and that is the reason why this Knowledge is destroyed.

People today would be walking on the clouds spiritually, but one nation did not like it, and so we were doomed to decline. We who created and used the Force, we who lived and evolved with the Force. Our souls were vibrating at a very high frequency and that was the only purpose - to have that ability removed and kept secret by someone else.

Once this happened, man lost his Spiritual Power and became a decadent being, to the delight of certain people. But the Power is again in our hands to use. Man was left without progress and advancement during evolution, and this was reflected in posterity, the effects of which we are now feeling.

Our souls and fragmented minds are now dormant, we must awaken them. This is the purpose of Meditation practices, to make our souls soar again. To lift our minds onto the path of Power and bring the Golden Age back to this Earth.

This is our Earth, it was created for us, we must use our potential and not least make it better and more beautiful. We must use our strength to protect and nurture it.

Many people are destroying this paradise, this must be stopped. Man's greatest mistake is to destroy and destroy out of ignorance, to destroy the place that is our Home. Once we reach a certain level of development, then we will really see and know how the present world is really being destroyed.

This was not the case in the past, but unfortunately it has radically changed. Starting with the state of the Earth, continuing with Civilization, the degradation of society.

To "resurrect" this ability, we must raise our souls to the state to shine again. Working with energy is particularly intense. Because energy is the light and powerhouse of the soul, it has a particularly powerful effect.

Wake Up From The Lies! - Important Information

Christianity is just a disguise. It is simply that ever since this congregation of fools called religion appeared, this planet has been in decline. It is nothing but a deception, a deception of the masses.

It is a cover for a time of unbridled destruction and devastation, a cover for the monumental use of manipulation. The many ignoramuses who join them, and their numbers are unfortunately growing, are creating a concept that I will not describe now - and that is the lie.

In this idiocy called religion, endowed with false ideologies, fuelled by rampant ignorance and fabrications, of which children, young people, adults, the elderly, but unfortunately there are also examples of babies being taken from their parents' careers to be exposed to this deception. Christianity - from an early age.

In this 'religion' there is nothing supernatural, there is nothing good, there is no pride or happiness, it is a camp and seat of manipulable minds. There are no intelligent people among them, all brainwashed in their own way. But what is wrong with this distorted "religious" rabble?

Simply put - The Bible is full of lies and fabrications, cannibalism, violence and manipulation, , the book of revelations is pure bullshit, the idiot called Jesus that so many pray to is creating a thought form that is being fed and glorified, a mob mentality that is affecting humanity and it will only grow.

I could write all of the above at the end of my book, but I do not want to take the time to do so, because it is simply disgusting. There is more to be written about these, it is well worth reading and indeed a must read for all my fellow travellers on this journey.

Their modus operandi is simply to tell unbridled lies, deceive and harass peoples into joining them at all costs, reinforcing their filthy and hypocritical doctrines. They forbid everything that is necessary and important in life.

Communion, which many fools occasionally attend, is merely to eat meat and drink blood - cannibalism. This act is dressed up nicely to hide from the people the evil that this "ritual" represents. Eating flesh, drinking blood -> Christianity.

It is nothing more than a gathering of impressionable minds and depraved individuals who unwittingly participate in a destructive cycle that feeds off them. And it slowly consumes the soul of man, and becomes for him just another soul, without reason or will, just the sheer destruction, decay and decay of man's physical being.

Many hasten to pray to the fictitious monster that feeds on them. Sadly, the infant carried away in infancy, whose mind has a tremendous capacity for both manipulation and deception. His subconscious is highly impressionable, and this impairment can accompany him for long periods of his life.

That is why they are so happy to have such a being in their midst. His whole life can be affected by the monumental

ignorance of his parents. Christianity can cause enormous psychological problems, which affect young children the most, who cannot yet control their minds and for whom everything they see is good because they do not know what it is.

A lot of lousy, moral crises and problems, spiritually rotten, lifeless, rotten to the point of being unworthy of life the paedophile, debauched priests.

Those who exploit the goodness and good heart of the little child, simply for their own disgusting, depraved desires, simply..... I won't go any further, because I'm writing so much here that there will be no thanks...

Don't Worry, it's Unnecessary!

Many people who are on this path are worried about what I have briefly outlined above, but I think that deserves a separate topic, and that is the concern about progress. Often there are psychological atrocities that try to communicate and suggest that you are worthless, insignificant, not making progress.... I could go on.

Well, they are all from the enemy. That's how they want to lead you off the path, and in that way, what is most powerful to you is the spiritual problems. They tell you things that are bad for you, and you know they have some basis in reality, but they present it so well that you believe it.

That's their way. What can you do? Nothing. That's simply the best answer to this, nothing. I'll explain that below. When they come in, they can be categorized in two ways. First, when you want to get on this path and they want to lead you astray - that is, at the beginning. And the second variation is when you're doing very well spiri-

tually and mentally, then they use these methods to try to get you to stop.

It is obvious why they do this - fear. They don't want you to go back to where you were before Spiritually, because then the veil will come off and people will find out what they are really like.

What I wrote above about what you can do is nothing, then I was referring to something - and that is Empty Meditation. At such times focus on nothing or ask for help and it will go away. You don't have to worry about it, we are protected, and our primary task is to restore our True Being and ascend to the clouds from where we eat the fruits of our path.

The general problem is anxiety on this path. Did I succeed in what I did? Was it worth working for weeks, months? Were the planetary positions ideal? Don't worry because it is unnecessary and interferes with the success of your ongoing work. Stop thinking about it, distract your thoughts, just focus on nothing - Empty Meditation.

Void Meditation is useful everywhere, but many people don't do it, even though it can eliminate all worry and anxiety. Yet it is almost essential to life.

Developed mind + master of Void Meditation = Power. It's at times like this that I say, "A person is truly evolving when he thinks he is not evolving at all" - understand, incorporate this statement into your mind and think about it.

Spiritual Darkness

Spiritual darkness is an existential concept detailing the underfunctioning of the mind, the lack of Knowledge, which is the cornerstone of the essence of life in it. There are many people who are in this darkness mentally, and it can be traced back to one thing - the removal of Knowledge.

I will mention this event several times, as the reader needs to have this concept imprinted in his mind and begin to understand the emptiness and Darkness that is rampant in the present world and that this act has bequeathed to posterity. Man's present condition, without progress and advancement, is formed and shaped around the concept farthest from Knowledge, and that is ignorance coupled with weakness of soul.

The Soul must be strengthened every day, for the Soul is the source of strength, the substance present in your physical reality.

A strong Soul contains a strong character, not to mention that your Soul's frequency vibrates at a level so high you can't even imagine it. To achieve this existence, you simply need to evolve Spiritually, and the effects are felt from the first practice.

The average person is desperate to find the meaning of existence, but without the right Knowledge, they will never find it. "Knowledge requires progress, progress requires persistence, and persistence requires Will!" This explains your whole Spiritual Adventure and sums up its quintessence. For those who progress, the Darkness is dispelled and replaced by Light.

Light in this chapter is a metaphor, a reference to the opposite of Spiritual Darkness - happiness and enlightenment. The knowledge is in your hands, it is up to you to use this fantastic ability. Do not be like other discouraged souls who lead a nihilistic lifestyle.

The meaning of this philosophy is Knowledge, because if you know you have power, if you have power you are strong, and if you are strong you are happy.

<u>Power + Knowledge = Strength</u>

He who has power, has Knowledge. With knowledge, you exercise power over others and control them. At the moment, a lot of people don't have it, so the number of people who have this Knowledge is very small. You have to appreciate yourself, because you have the Knowledge to achieve anything.

The combination of the two will take you to Paradise, where the philosophy of the world makes sense. You have to systematically improve yourself in life and on this path, simply because it is very important to emphasize this, as perseverance is the cornerstone of the path to Paradise.

If you have this mentality, you will progress well. Patience, the importance of which you will experience in your work, is essential. Do not be part of the idiocy raging in the world. There will be many occasions on this path that will be paved with obstacles, but see them as challenges to be overcome with your Knowledge. The most common

obstacles include, "I don't know anything. I must have made a mistake.

"These are common mentalities you will experience on this journey, and you are not alone. Many of us have this issue raging in us from time to time, but it's up to you whether you suffer from it or ignore it and move on.

I don't want to make this chapter too long, these are just logical facts. You may face these concerns when you are very advanced, but then you can only laugh at them.

Think back on your experiences and events so far, draw conclusions, think ahead to your desires, and make them a reality. The door to Success is just waiting for you to step through. The help you have received so far is necessary and indispensable.

Liberation After Death

Freedom after your death is allegorical. Don't think of it as when you die it's all over, no, it's not. You will not go to "heaven" as the Jehovah's Witnesses claim, no, there will not be a bright, shining, sparkling light waiting for you there, and there will be no "angel" at your side to escort you to the realm of "God". No. These are merely the biblical and vile teachings of Christians, which are tantamount to deception.

Those who believe this and expect "miracles" and "salvation" will be disappointed, and very disappointed. These are just part of the deception, where you spend your whole life worshipping "jehovah", praying to him and glorifying his name 72, all this will only bring a curse on the heads of your fellow man. After death, Christians do go to their "god", but in what sense?

Their souls are lost in eternity and they are doomed to damnation. The earth, which was created for us, is polluted by such tactics as the "church of god", systematic cur-

ses are pronounced upon themselves by believers, but they are ignorant of it. But who can we blame? They are not to blame, they have merely become so. All the lies and fabrications of Christianity are so beautifully presented that they assault the impressionable mind to such a level that the effect is immediately noticeable.

The verses in the Bible are nothing more than weapons of the subconscious. Their melody, rhythm and rhymes leave such a mark on the mind and consciousness that I do not wish to write about them because they have already been written about, and I do not wish to put into a book what has already been written.

And that is the only way to keep this ignorant people there, by manipulation and constant abuse of the mind, which, let's face it, is a good way to keep the ignorant out.

I'm sorry, I've deviated from the title of the chapter. So you don't die after you die, you just go to another dimension, which you could call astral, but there is a difference between the two. First of all - death should not be unders-

tood as "End, Destiny", but as "New Beginning, New Chapter".

A new chapter opens before you, where you can continue your existence and progress if you see fit. Let's say there are as many moral opinions as there are people, but one thing is certain - death is not the end. A new door will open for you. Here you can personally decide whether you want to reincarnate or not.

Here comes into play the astral dimension/world where dead souls exist. However, you can experience this world that exists, has existed and will exist to this day, even before death. The key to getting there is spirituality.

It is the power and purity of your chakras, the concentration and power of your mind that will get you there. So in short - at the moment of your death only your body dies, your soul will continue to exist.

This is the reason why Christians in many places are against this. They believe that "heaven" (heaven = suffering, just to put it nicely) is the final destination where you will

exist after you die. They put it so nicely, which is really their "god's" nightmare garden where you are deprived of your soul. That if you ask 10 people where they would like to go after death - 9 out of 10 say "heaven" and 1 at most says "not heaven".

These ignorant people don't even know what they swear by and what they wish for after death, many don't even practice "religion", they just believe what the "holy Christians", "Jehovah's Witnesses" (call it what you want, it's still one stupidity be damned) tell them and believe it and curse themselves. That's the trouble with people, they take the first bait and cling to the fictions.

Past Life

Many of us are familiar with past lives. However, to give the reader some idea of the meaning and content of this, I need to explain a few things for ease of understanding. First, the meaning of "past lives". As far as past lives are concerned, many of us are aware of our past lives, many of us are not. Walking this path shows a pretty strong tendency to have been in touch with Spirituality in your previous life/lives.

The reason why we don't remember our past lives is because during reincarnation (being born into a new body with the same soul) memories get stuck in the "past".

Our mind then rests in a dormant state and is unable to recall these events. The moment after your death, you and your soul are transported to another dimension where you have the possibility of reincarnation.

This is often necessary because in the life before your soul left your body, you did not complete your Spiritual work,

you did not reach the Divine level - for many reasons. Yet so little is known about this concept.

I am writing this chapter to give you a little insight into all this. Our previous life can affect our "new" life because spiritually you don't change, but biologically you do - by that I mean the new body.

To search within your reborn being for the answers to what you were like in your previous lives, what you did, what your job was etc, you need to re-open your soul. As you evolve and move forward, you will have the greatest opportunity to look back into your previous lives.

After death, our soul seeks a new body and reincarnates in a new body. You may even choose which body you are reborn in. If you have doubts about your current self, even if you are not happy with yourself, remember - you chose it. You chose this body for a reason.

Find the reason, or if you do, improve yourself even more. We bring with us skills from past lives, be it intuition, spe-

cial skills, lots of things. They all underpin your past successes.

If you feel or experience that a particular Spiritual work is very easy or simply flawless, you have probably used that work countless times in previous lives. Always notice what skills you have, make a note of them.

It is possible that you have abilities from previous lives of which you are not even aware, and to realize this would change your whole being, your perception and rationality, and take you to other levels.

<u>Unveiling "The Conjuring" - The brain-</u> washing "Film"

I would like to write a few lines about the film "The Conjuring" or "Among Angels". Many people know this film. But this film has a destructive effect. It is about deception, manipulation, lying and even discouraging spirituality. This film is pure fear-mongering - especially about the two individuals who have the ability to sense the presence of supernatural beings. One has a "psychic" gift, the other is a simple fool.

The very phrase that they belong to the church and are recognized by the church arouses suspicion there. But let us proceed in order. The film was made as fear-mongering. It instills an irrational fear of the supernatural in the viewer, and if one encounters or is confronted with such a thing, one should immediately rush to the church and pray for "protection".

It works as a purely subconscious tool. It subconsciously instills fear of the supernatural in you and you have to question its credibility and trust only in entities from "god".

It is a lie and a road to failure and suffering paved with cherished dreams. The viewer is deceived immediately upon seeing the events to join the Christians to protect him from them. It is merely a means of inviting Christianity and Judaism to join out of fear. They manipulate him both unconsciously and without him believing all that he is told, and in doing so he damns himself.

He is manipulated from the true, True Way into the realm of lies and fiction. Lies because they claim things that we here have refuted many times. They lie about the supernatural and scare the viewer with mere scary entities.

These beings are just angels by nature. Their tool is to scare, to frighten. This adjective, this name, has been substituted for what the "work" is originally about, and because it has been implanted in the minds of men to replace the removal of Knowledge with fictions and slanders, it is easy to "market" and win the minds and souls of men.

This series of films is about nothing else, simply about hiding more fear in the viewer. The reason I bring this film up as an example is because it is quite prevalent among horror fans, along with Annabell, which is another thing, but not much different, only there a doll is used to incite fear and hatred.

It is also designed to keep people away from spirituality - rely only on those who are church members for spirituality.

They do the fake spiritual practices and have no real Knowledge, just what is born in the minds of a few. That's why such techniques are used in such films, to discourage the viewer as much as possible from Spirituality, and those who profit from this are those who use this method.

They don't have to fear that someone will go on the True Path, because they control the subconscious fear centre and influence people that way.

The resulting concepts such as irrational fear, anxiety, doubt, etc. all come from here. Overcoming these is very difficult as a lot of subconscious messages accumulate and build up.

It is like a lot of pieces of paper full of negative writings that pile up in a heap. Try to pick them apart with tweezers.

They have a similar effect on the subconscious, and I think many of us have had unfounded fears to begin with - they all go back to the past.

Poem For Spiritualists!

Those who are here, even if only a few Who struggle, even if for a long time Who grow, mightily Who move forward with ambition

For whom knowledge is the sword of life For whom Spirituality is the food of life. Whose joy is faith Whose happiness lies in Knowledge

No matter how many lies
No matter how many false prophets
No matter how many delusions
Never mind all the nonsense

But the crown of Knowledge matters
That we have put on
Never mind ignorance
Which are so harmful...

The quintessence of being
Of which there is never enough
We go on, we go on!
And we will triumph!

What Is Life Worth?

The world is a rotten place, but it's so rotten that it can't be fully described. Simply the human relationships that affect our lives, the prolonged cause and effect suffering, what is such a life worth? What is the point of a forced, uninterrupted life? The darkness that envelops and consumes us in such a situation is simply the lack of appreciation.

Life is a game. You either win or you lose. Everybody has a fucking reason to decide why they want to make the choices they make, why they don't want to live this shit anymore. It's not cowardice, it's projecting sheer hopelessness onto things, where the spark of life goes out, destruction begins.

A devastation that affects the living, the dead, and simply eats away. A life deprived of many good things is followed by failure and disappointment, where happiness is absent, every day is another day of fucking misery, what is the

point of living? The happiness that is not given? Or is it given, but one cannot thrive in it?

What is life worth? You are born, you grow up, you die. It's the fucking bumpy road of life, and no living thing is exempt from it.

Man only yearns and yearns for things he knows will never come, will never come. The instincts of human life, coupled with such bullshit, what is life worth? Time, of which there is so much, yet seems so little, is wasted on pathetic things, like writing this post, which it is fitting to know no one cares about.

Be happy, be healthy, these are the necessities of life. Those who find happiness in nothing, who live only for today, see their future and their present as hopeless. He doesn't look back to his past because the memories of the past consume him.

And it affects every single day, it's there with you, holding your fucking hand, not letting you be happy. What's life worth?

It's easy to think about suicide, but harder to do it. When you first think about suicide, it's worth thinking about it later, because if you don't deal with it, it will eat you up. People tend to agonise over things they can't help but suffer from. What is life worth?

What does the depravity of today's society bring for the future? For those who suffer a moral crisis? For the unhappy? For those who suffer? What is life worth?

Human relationships are fraught with countless disappointments and negatives, idiocy and pity, moral problems from which man suffers so much. And his suffering finds no ears - the first stage, loneliness, begins.

from here man begins to decide the meaning of his life, to ask questions about his existence, to seek answers to those questions.

Loneliness is the only friend. A life paved with ambiguity and self-delusion, the belief that you are a superhero, that

you are worth something, that you matter, that someone needs you, that someone loves you - all these questions only help you on the road out of loneliness, but they do nothing. Self-delusion is self-deception, and the realisation that you are good at nothing only makes you more lonely. What is life worth?

The next stage is the fucked up symptoms of depression, which sooner or later is coupled with suicidal thoughts that will seal your life — decline. From there you turn to drugs, waiting for hope that never comes. Even drugs cannot make this moral problem, which we now call "society", any more beautiful.

What is life worth?

What is the fucking meaning of life? You keep asking yourself the questions, without the answer coming from anywhere, you just suffer afterwards. By now they've all become your companions, companions of hopelessness and loneliness, of depression and self-deception. Later, the questions of suicidal things begin to come to mind.

Which sooner or later you do, because there is no one to love, no one to respect, no one to acknowledge, and they culminate in the emptiness within you.

As soon as you ask yourself these questions, you start to see life as lousy, you don't trust anyone, and you refuse to love anyone, and you fear disappointment, again.

These are part of your suicide. You could say they drive you to a place of no return, you do it, you do it. Before you do, you try to talk to people who you think love you and care about you. You call them.

But the phone call doesn't reach them, no one cares, it falls on deaf ears. Before the end comes, a thought runs through your head, a thought that becomes the deciding thought: what is life worth?

Remember - The Power Is Within You.

Knowledge

Experience, intelligence, knowledge. They are all part and parcel of our lives, yet we don't pay much attention to them. But we should. To walk in the world with an open mind, to understand why things happen, to think about what Knowledge is.

There is only one side to Knowledge. He who knows, wins. He who does not know, loses. It is in Knowledge that the concepts of understanding and reason unfold, and it is through Knowledge that we form our view of the world. Knowledge has no limits. We must constantly expand our knowledge.

With Knowledge on your side, your chances of victory increase dramatically. The smart man knows, he uses his knowledge well, and the ignorant man is simply ignorant. Sadly, this is the class that makes up the majority of humanity. The desire for knowledge must be present in man to be successful.

As we develop our knowledge, a new dimension opens up where the likelihood of being deceived and lulled into a lie is reduced to zero. Those who have knowledge have power. The most important thing in life is Knowledge, for without it the quintessence of life is lost.

Move Forward

Anyone who progresses through a series of systematic improvements becomes more sophisticated. Development involves the quintessence of accumulated Knowledge and Wisdom. In progress, every day counts.

You may not seem to be evolving, but you are evolving. The more you progress, the more you understand things. To progress you need a developed personality and soul.

Not only do you develop mentally, but also spiritually. The harmony of the two will bring the fruit on your path. When in doubt about yourself, just ask yourself a very simple question: "How much progress have I made since I started"?

Think about how much has happened and how much you have gained, how much Knowledge you have accumulated and how much stronger you have become.

Believe me, you will find the answer to your question after thinking about this situation.

Many people don't understand the fact that progress is not always visible, progress happens when you apply your knowledge through practice and that is when you realize your true power.

Live every minute, roll around in the monumental realm of your Knowledge, and realise your awesome power.

Accept Yourself

What can be overwhelming is the lack of acceptance. Without acceptance we cannot accept ourselves, so how can we accept others? First of all we have to accept ourselves as we are, because everyone is unique, everyone is different. Everyone has a special strength and ability. There is only one of you, there can be no one else like you.

Once we accept ourselves, our image of ourselves, then we truly understand the concept of Being. Because Being is a broad concept that encompasses all that is present in and around us in our lives, that has consciousness and thought processes.

The close connection between the soul and the body is key. A strong and healthy soul has a complete self-image.

Knowledge = Power

This statement is correct in itself. Because knowledge has an indirect opposite, ignorance. The monumental difference between the two is the distance between the surface of the earth and the sky.

One who has knowledge can easily control the unconscious man, and this method does not work in reverse. Accumulated knowledge leads sooner or later to Wisdom, because he who knows, experiences and understands becomes Wise.

The wise also learn from the mistakes of others. The Wise cannot be deceived, because the Wise sees through the sieve, the web of lies. If people who accept their existence with a dull, monotonous regularity, who get up, work, go home and sleep, do not awaken to the radiance of Truth, they will not find it, and the meaning of their existence will be lost in endless ignorance.

Life is worth living, not wasting time on the universal nonsense that now afflicts humanity.

We must use our brains, if we have any, and not believe everything the media, the unbridled empire of brainwashing, tells us. Gather your Knowledge and enter the door of Wisdom that awaits you with open arms.

Never give up on your goals. You are special, remember that!

The Future Generation

*This post is an addendum to another one I wrote. *

The possibilities and prospects for the future dictated by the current paradigm are not clear. The whole world has gone mad, everyone is preoccupied with the virus. And rightly so, and this has been going on for years. They are deliberately dragging this whole situation out as long as they can.

And people put up with it because with each new mutation, another dose of vaccine is justified. Are they really using the virus as an excuse to give people new doses? What does the latest generation see in this? Closed minds, masks, constant "fear" of the epidemic.

This will not work in their favour later. They don't even know what is happening now. We can only wonder: when will it all start again?

It is part of everyday life now, and unfortunately will be for some time to come, all over the country, so we have to persevere and strengthen ourselves, both mentally and spiritually.

This is when they grow up, unfortunately they see that. Technology is evolving at a significant rate, as we age, technology is aging and evolving rapidly.

This is all good, but there are many drawbacks. For the generation growing up in this age, where we live in a world of the internet and modern devices, and these are all 'expected', they can affect their development in many ways.

They will not learn, they will not make sense, they will just live their daily lives in virtual reality (especially now) and so they will not learn to exist in reality.

They will not participate in things like hide-and-seek and playing catch, but will experience presence and 'freedom' in computer mes.

Garden games are becoming obsolete and are being replaced by digital games. But as generations change, new areas of 'dumbing down' are taking their place. We used to do without current technology, but that has changed radically.

This is all well and good, but it is important to distinguish between the virtual world and real life.

In today's civilisation, modern tools are commonplace, but it's worth using them in moderation to avoid problems. I hope you understand what I am trying to say, I am just expressing my opinion in this area.

It can affect the mind to such an extent, it can drive them completely crazy, that they forget that they exist in reality, they are not interested in anything but games and social, manipulative and dangerous sites.

Which, of course, I don't need to say how damaging it is, especially at this age. Rapidly evolving technology and lockdowns (strictly for viral purposes, which is against human freedom) only add to the problems of the epidemic.

In fact, they are at home now, living virtual reality, and this is worrying because they will be the ones making the older generations' money when they grow old. Where will the technology be years from now? Of course we don't know.

In the same way, we don't know what will be years from now, what new advanced devices will emerge that will outperform today's devices.

We can think of society in this paradigm. Could we have imagined in 2017 that in a few years we would be in the middle of a pandemic? One that would become part of our daily lives years later?

Of course not. Or maybe we could have guessed, but I think it's very much out of the question. As technology evolves, we have to adapt. Because if we don't, we will just be a backward 'old man' in this respect.

Manipulation

They are masters of manipulation, manipulating people with tools that are right under their noses, but unfortunately they don't realize it of their monumental lack of ignorance.

The mob mentality that feeds this atmosphere is actually based on a very simple operating principle.

It is the accumulation of lies and disinformation, which is nothing but lies, so I will change its name to the verzum of lies.

The majority of humanity lives in this Verzum, the destructive effects of the mob mentality are all upon them, a web of lies is woven around them, keeping them as far away from Knowledge as possible.

These people tend to stay there in the absence of the right Knowledge. The mind which accommodates these disturbances, which tends to make us believe many things which are in fact fictions, must be nourished.

Mankind is vibrating at such a low frequency on the levels of intelligence that it will not pay off in the years to come.

The mind only gets worse in this respect, and that's not healthy. The mentality will completely shift towards lying and the whole mind will be reprogrammed, the thinking itself will make no sense, because they will only believe what these people are trying to give them, driven and supported by bad intentions.

Ignorance, lack of knowledge of the individual, or sheer force of manipulation prevails.

As long as people are not able to think with their free will, to seek the meaning of Life, this paradigm will continue and grow.

The Christian churches and believers are a perfect example.

Hang in there!

When you start doing something - or are doing something - it's usually just for the sake of doing it. Many people tend to give up on their dreams. This kind of mentality leads to a climate of acceptance of failure.

Those who have the will and the spirit of perseverance easily finish what they start. Persistence is one of the keys to success. Without persistence there is no will, without will there is no progress, and without progress there is no progress.

Stick to your dreams and your goals, because that is what will take you forward and that is the only way to achieve what you want.

If you keep putting it off, you're only hurting yourself. I won't go into examples, the point of this little post is simply to be constructive.

Because if you put things in a different light, or what you are doing, you will start to think about the positive outcome of the situation. Optimise your thinking, then reap the rewards!

Perfektion

Perfection is not a complicated concept, only lack of understanding can make it so. Being perfect does not mean that one is Perfect in every sense, because there is no person on this planet who is Perfect in every sense.

An awakening understanding of the concept of Perfection/Existence can then be approached philosophically. Perfection is man's way of thinking, his approach to life. Perfect = wise. These two terms are quite close.

Although one cannot be Perfect only if one is wise. Yet, life experience provides the impetus that brings us closer to the culmination of Life (philosophy), Wisdom.

For Wisdom, we must evolve, expand our Knowledge, and the end result is the uplifting realm of Perfection.

To achieve Perfection, time is needed. It is a series of systematic development, perseverance and Knowledge. All three bring the expected level, the concept of Perfection.

View on life

The way you think, the way you put things in perspective, the way you live your life, think about it, is it really good? Or do you want to change? If you work, develop and learn, you cannot be said to be idle and lazy.

On the contrary. The outlook on life of a significant proportion of people is thought-provoking. Some live for today, some plan ahead and build for the future, and some are somewhere in between.

There are a lot of people wandering around in the world, and when you look at someone, you see them rushing around, getting things done, hurrying and scurrying.

That's a significant proportion of people. This is simply caused by the social situation, where you cannot exist without a mobile phone, you live a monotonous daily life, you pick up a significant amount of brainwashing thoughts from social networking sites, which after a while affects a

significant part of your mindset and changes your outlook on life.

The real face of brainwashing is social networking sites, which lure young impressionable minds to these sites through seduction and manipulation, which sucks them in with their addictive nature.

They will grow up to be exemplary adults, won't they?

Story About Manipulation

There is the tiger and the zebra. They are not friends, as one is a herbivore and the other a predator. One is prey for the other. But one day they meet on the beach where the zebra is drinking. The tiger approaches the shore, but does nothing but drink.

They start talking.

"You zebra, how come you're here alone, no companions with you?" asks the tiger. The zebra thinks about what to say, because he doesn't trust the tiger. "But they are here, why do you ask?" "I just wanted to know. But believe it or not, I'm not the kind of tiger that attacks your kind, I'm friendly." The zebra believes him, though a little suspicious. They talk for a while, then both move away. They agree to meet again tomorrow.

They meet again, in the same place. "Well, zebra, are you alone again?" asks the tiger. "No, my companions will be here soon!" says the zebra.

They talk again as the tiger completely changes his image of the zebra. They talk some more, the tiger again tells him that he can trust him, he can tell him anything.

The zebra's suspicions slowly dissipated, and even though he knew he was alone and in danger, he thought he could trust the tiger. "If I see you tomorrow, I'll tell you," says the zebra to himself. "Well, zebra, I'm going home, will I see you tomorrow for the last time?" asked the tiger. "

"Sure, same place," - replied the zebra, who couldn't remember the only word that came out of the tiger's mouth, which was "last". The next day they met in the same place. "So, zebra, your companions are not coming?"

The zebra, whose mentality had been completely altered by the manipulation, replied, "They're not here, I was already alone, I just didn't know if I could tell you, tiger!".

The tiger immediately pounced and bit him on the neck, but before he did, the zebra asked him a question, "Why did you do that, I thought we were friends!" he asked.

"Yes, but you know we have different natures and you are prey to me," said the tiger.

I may not have given the best example, but once you understand that, you can start thinking about it.

This story is a lesson about who you can trust and who you can't, judge and weigh others by your wits, not by your emotions, which can form a rock-solid attachment to someone. Because emotion is a beautiful thing, but if you show excessive emotion towards another person, 80+% of the time it will end in disappointment.

Try to control your emotions, don't let your emotions control you, especially in important matters.

Our emotions can easily mislead us and unfortunately we often act on our emotions, which is not always a good thing. Always think rationally and use your head in important situations. Always think twice about your decision to make sure you are doing the right thing.

3 Important Points

Don't lie to yourself - any lie you try to tell yourself will eventually lead to failure, with huge help. Accept yourself as you are and you will not disappoint yourself.

Don't beat yourself up - whatever work you do and don't get it right away or at all, don't worry. It's a sign that you need to improve and move on! Work like this needs to be done over a longer period of time, especially at the beginning, to be successful. So don't beat yourself up if you don't succeed, keep improving and you will succeed. Be persistent!

Don't be cocky - if you think you're better than anyone else and you don't have years of systematic development and learning behind you, you're only fooling yourself.

If you avoid these three things and don't harm yourself, the concept of self-deception is far from you and will be of great help to your development. To enter the gate of progress, you need to know yourself and your limitations. Be-

cause if you know what you are capable of, you can go into it with the emotions you need to succeed.

If you simply know what you can expect of yourself, you can't be disappointed, right?

<u>Scepticism</u>

If you start telling someone about something that is completely unknown or completely unbelievable, they won't believe you. Because manipulation and brainwashing is the subject of destructive mass theory.

You must be aware that what you say or what you try to convince someone of, about something, they will be able to accept the Truth. This will be difficult at first because he will insist on information built into his own mind.

It will be difficult to convince someone of the truth of what has happened if the brainwashing has an effect on them.

What you want to give him will not be true for him, because his brain has been so reprogrammed that he is unable to think, his thoughts are unable to manifest, so he is unable to get to the Truth.

Especially not to a sceptic, who claims with great conviction that he doesn't believe anything, to him it's nonsense, and if he thought about it for a moment he would see things differently.

Such people follow the path of life that is most destructive to the mind.

They are living, multiplied examples of the effects of brain-washing.

Subconscious

The subconscious can affect everyday life in countless ways. Take a film, for example. A film that creates a feeling of dread, fear and horror in the viewer. In countless films we encounter such phenomena, which after a while form a block in our consciousness.

Horror films are the best examples. We believe that what happened in the film, with the ghosts and evil creatures, is exactly the same in reality.

I have to sadden those who are sure of this, that it is absolutely devastating to both the mind and the well-being. It is almost 100% possible to state this fact and insist that it is false.

However, the viewer who watches this film with an open mind becomes subconscious and prepared. Imagine a seed that, if sown, will sooner or later grow into a crop. It is the same here, only the harvest manifests itself at a level that is in many ways unhealthy and harmful.

Last but not least, those who are addicted to these films watch more of them and more of them become embedded in the mind, which will serve as a fear centre after a while.

They will involuntarily associate them as bad and evil, when in fact they are just a distorted image of reality that serves the function of brainwashing.

They will only multiply and your thinking about them will soon change in a completely different direction. Without the right Knowledge and Understanding, this pattern can continue indefinitely, completely changing the way you think.

In the rest of the book, you will find some things I have already posted in the forums, but because of their content and importance, I am posting them here. Many of you will already be familiar with these writings, but for those of you who are new to Real Spirituality, they are well worth a read. They contain much important information that is worth being aware of and mastering the details in these writings. Once you have done this, and read the whole book, you can put things in a different light and begin your Spiritual Evolution.

<u>Spiritual Philosophy – The Garden Of</u> <u>Knowledge</u>

Over the years I have encountered many different mentalities. Many of them stem from ignorance, many from false moral ideals. Some were dangerous, some merely self-destructive. But what does this do to a person? Why this mentality, this way of thinking, in so many people?

Many answers can be given to the hypothesis that man needs Knowledge in order to achieve anything. I don't deny that Knowledge is a great treasure, but those who are not open to this concept and unable to move on the path of progress, what will become of them? Will they go into decline? Or are they already there?

Knowledge is as important as trees in the forest. Without knowledge, man is like the forest without trees. Empty. The raging emptiness, the loneliness and lethargy that haunts the unconscious all his life cannot change him because he does not have Knowledge.

Or does it have it, but does not use it? Work invested will

bear fruit, and that fruit is the cornerstone of progress. Sooner or later this fruit will blossom into flowers of light. Light here can also be understood in an allegorical sense.

The soul needs light, the flower needs light, the plants need light. And it is this light that gives the basic pillar of creation - the concepts of perseverance and will, of progress and development.

The role of these two is crucial, because if you don't put enough time into what you're starting, you're not going to achieve it, you're not going to succeed. But if you invest your Knowledge in progress and that progress bears fruit, you will have a beautiful orchard.

The orchard - the garden of Knowledge. It needs light, nourishment - energy - strength and will. As you progress towards Wisdom, these fruits must be used to produce more fruits, and more fruits, and continue until you have a whole garden, a vast expanse of land.

Along the way, these fruits must be used up and more of them produced so that they never run out. To do this, you

need two things: persistence and will. You can master, learn and do anything on this Path if you have the essence of these two concepts.

Don't give up your dreams and goals just because you lack one of them. Strive not to miss out. Great Knowledge and Wisdom are before you, and you must decide what to do with them. Do you master it and move on, or do you just read it, learn nothing from it, and leave it there.

Many times you have to make important decisions to get there. Sometimes we have to sacrifice for something better. This can be emotionally charged, because what you have done, what you have put a lot of effort and energy into, is now lost. But it is not wasted because you have created the next stage.

The next phase that builds on the first. From here you will go even further along your Path, you will develop and grow even more, and at some point you will have to sacrifice this for the next goal. All spiritual goals. Because as you move forward, sooner or later you will have to complete another milestone.

Incorporate the Knowledge you have gained so far into the next levels, into the greater understanding, into the greater State of Consciousness. There is nothing more beautiful and better than when one perseveres in the pursuit of one's Spiritual Goal, and goes on and on and on. Way to perfection!

As time goes by, you begin to understand more and more the why of what is happening, the Creation, the lies of the enemy - you are the Progress. From here, you are not much further from the goal you set for yourself in your first meditation practice. Spiritual perfection.

The orchards have brought the expected results. A garden of Knowledge and Wisdom created by your Progress - you are proud of yourself.

That is why the ignorant cannot grasp this fact, because their minds are totally deprogrammed, brainwashed, so they cannot comprehend the unbridled reservoir of Knowledge. That is why the ignorant often remain ignorant.

This Way is extremely philosophical. Higher understanding

takes man forward in progress, each time the time allotted for progress unfolds in understanding. This is related to Knowledge, which is the essence of this Way. The understanding of Creation, the meaning of Being.

We must exist as the Great Beings created us. Here we all have our advantages and disadvantages. We can often turn the disadvantages into advantages. We are all special. There is no need to seek the essence of our Being elsewhere.

As we live, as we exist, as we think, we can all become Perfect through individual development. It is unnecessary to be irrationally preoccupied with things that we cannot do or that are not our business. It is both a waste of time and a waste of energy, which slows down the goal of our Journey.

Let us live as we were designed to live at Creation. We all have abilities that make us special. Often we are not aware of these, this may be due to lack of development or simply because we are not yet in the right place.

Don't feel useless, you're not.

We need to bring out the dormant strength to see what we are capable of. Wisdom takes you to a higher level, it makes you strong.

Spiritual philosophy - that's what drives you forward, that's what makes the essence of Life real.

Sceptics - Why Are You Depriving Yourselves Of Power?

Evolution has changed significantly. Society has followed, but unfortunately in the wrong direction. The total destruction that occurred affected the human soul the most. For the Power that was created for us was destroyed.

The emptiness that raged in man, the decay, the destruction of the very essence of life - all were deliberate acts. Because the power created for us has been destroyed. With this Knowledge we had the power to make the ugly beautiful. This place was a paradise in bloom, where everything was a given. A realm of deception and lies that substituted good for itself.

The good that brought abundance, understanding and happiness to people. The seat of understanding and acceptance - the joy that contains the spark of life, and that is Knowledge.

In the old days, when people were happy, loved and cared for each other, it was Paradise. It had to be destroyed, Truth and Reality had to be erased and replaced by fictions. Which replaced Paradise and created the sour, rotten reality we now live in. Creating a morally deficient, spiritually lowly inclined and yet ignorant creature.

Man has completely lost his faculties, the faculties that gave him joy and happiness, and now he wanders in obscurity, an obscurity that must be erased. In the possession of so much Knowledge, man was able to evolve and progress, but it is now obsolete, man is not evolving spiritually. The most important fact is that man has lost it, and we are still drinking the juice of its effects.

The distorted reality has arrived, which includes the only concept that has a great impact on man - destruction. Where Truth has been lost and replaced by lies, to the detriment of the people, there the decay begins. Man has forgotten the instinctive Truth, his mind is closed, those fortunate (us) who have the means to restore and reclaim this realm of Knowledge must evolve again.

We must achieve our destiny on this Earth that was meant for us. Man must trust in his true self and abilities, in what lies within him but has been forgotten. He must live with it and develop this blessing to regain his old nature and rise again.

Think about it, why did many people not like it when someone lived with this Power afterwards? Because it was a threat. They couldn't imagine someone regaining their original being, with all the Knowledge and Wisdom that it contained. Instead, they would have preferred simply stupid people who had no Power.

Not at all conspicuous? Excuse me - if instead you would rather question our previous abilities. I'm sorry that your endless egoism and morality got the better of you. Let me give you another example. With the horror movies that are being broadcast in the media today, why do you think that every movie has a certain "good" and a certain "bad"?

Coincidentally, the good is always the "Christian" fictional monster who manipulates the ignorant mind to love him. The one who despises humanity, who preys on their souls,

and you worship him? Evil is always exchanged for good, and vice versa. Isn't it striking that all horror films with this theme are put together like this?

And those that depict Truth are forgotten? Why do you think those who used their power were not loved? You can't explain this with arguments, you have to figure it out for yourself.

The mind can store a lot of pain, love and selfless adoration. Simply the way the mind works is worth another description, but I don't want to go into that now - that's another question. The human mind tends to accommodate manipulation, love of others, lies, happiness. But how they settle in the depths of the mind depends on the individual.

That one should be open to emotions from outside is nonsense. Well, that is also an individual thing. In today's
world there is a significant prevalence of "beings" who try
to influence people through manipulation, lies and deception. This was not the case in the old days, because of progress. Such people know exactly what to say and when to
say it, so that the phrase is imprinted in the other person's

mind.

From there, once they have been persuaded, it is not so difficult. It's up to the individual with the right mind. An open mind is an open window to deception and lies. Such a mind is dangerous because it can also receive negative messages. A closed mind that you can control and manage will be of great benefit to you. You don't have to fear lies because you will be able to see through them.

That's why you have to work with your mind and restore your original self. Where you are bubbling with joy, pleasure and last but not least, Knowledge. You will not be affected by the stinking malice of people. In today's world there are fewer and fewer individuals who think.

Most importantly - You must evolve spiritually to see the beautiful side of Life and be happy!

"Without knowledge, power is lost, as power is lost, so is understanding lost and so is True Knowledge lost."

Best Regards - BrightSpace666